

# Info Night - Thurs 3 October, 6.30pm

## Celebration!



Woohoo! Its here again. This is our 5th Celebration Night and we are celebrating this with aplomb.

Every year at this time we acknowledge the year's successes and again we have a lot to acknowledge. We celebrate the improvements that have happened in the system over the year, we celebrate BPD Community's work over the year and we celebrate the story of recovery.

This is the year of the Victorian Royal Commission into Mental Health. BPD Community's submission to the Commission was amplified by the individual support of many people with lived experience who also submitted on their own behalf. The Commission's mid term report will be published in October.

BPD Community has built on its strengths,. The Family & Friend's group gets better and better. Our Info Nights Continue to develop, attracting people keen to learn and participate. Our website continues to grow, meeting the needs of our community.

It is thanks to the commitment of volunteers, that our work continues.

This year saw the introduction of the Ambassador Program delivered in conjunction with Mental Health Victoria. Our first BPD Community Ambassador, Joanne Switserloot spoke at our August Info Night.

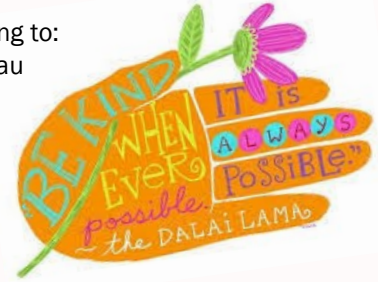
This year we will hear the story of recovery of Stephanie Isherwood. Stephanie joined the Development Committee of the Board this year and works on our Communications and Social Media Committee. Stephanie's skills in social media are guiding BPD Community's Facebook page: BPDcommunityvic



Stephanie Isherwood

Come along and join us, all are welcome to the party.

Please rsvp to assist catering to:  
barb@bpdcommunity.com.au



**TITLE: Celebration Night**

**PRESENTED BY:  
BPD Community**

**TIME: 6.30pm  
DATE: Thurs 3 Oct 2019**

**PLACE:  
Sth Melbourne Community Centre  
Cnr Park St & Ferrars Place  
Sth Melbourne**

**Please RSVP to:  
barb@bpdcommunity.com.au**

## Zeke Ox sings

The sort of entertainment for a BPD Celebration Night should reflect the purpose of the night and Ezekiel Ox is just the person to encapsulate the mood. He has the voice of an angel, with just a touch of wickedness.

Zeke joins our 5th Celebration Night as he did way back in 2015. Zeke is a conundrum to those who don't know him: he is a nu metal rocker and musical theatre performer. When he sings at our BPD Celebration, he sings solo, acoustic and movingly. There is no contradiction in these very different personas, they all meld to create a man dedi-

cated to making the world a better place through music and performance.

On Thurs 3 October, we will benefit from the experience of Zeke's talents in his fourth appearance at our Celebration Night.

Book your seat at the table and put it in your diary now, rsvp to:  
barb@bpdcommunity.com.au

